



A-Life Academy

In today's world, the disparity between the under-privileged and the privileged are ever widening. This has caused many discords in our society and caused numerous negative sentiments amongst the younger generations. Youths from under-privileged families face many challenges today in finding their places in society, which are causing them to be dishearten and are struggling to live a better life.

As we all know, today's generation is tomorrow's pillars of our society, therefore it is the goal of A-Life Academy to offer support and motivation for youths from under-privileged families in Hong Kong and to help them build a better future.

Background and Mission

A-Life Academy was formed in 2011 by a group of enthusiastic volunteers in the society, and is supported by the YMCA of Hong Kong. It is a brainchild from reflections of the challenging and sometimes hopeless situations of the less privileged young people in Hong Kong.

It aims at helping these youths to build a better future through cultivating positive life values and nurturing intellectual and spiritual resources.

Performances Review in 2016 (Mainly focus on 5th & 6th term year) (as at Dec 2016)

Total no. of Participants of A-Life Academy (1 st to 5 th term year)	279 mentees 161 mentors
Total no. of Participants in 6 th term year	71 mentees 24 mentors
Total no. of participating secondary schools in 6 th term year	14 schools
Free tutorial support and academic guidance (<i>Sponsored by Modern Education</i>)	98 free tutorial classes per week 30 half price tutorial classes per week
Intensive tutorial groups in 2016 (for the subject of Eng and Maths)	33 sessions
Total no. of mentorship activities and training programs	124 group gatherings
Overseas trips	2 overseas trips 44 mentees
Job-shadowing provisions	74 job-shadowing posts
Aspiration nomination projects	55 awarded students
High Table Dinner in 2016	165 participants
Scholarships in 2016	2 awarded mentees(Outstanding award) 5 awarded mentees(Year award)

Program Modules

We are hoping to inspire, motivate and support these youths, with the support of the New Academic Structure, to dream and build a positive, productive and better future through 4As:

- Academic and career attainment
- Aspiration accomplishment
- Adversity management
- Asset building

It will be a two year engagement by the participating youths

Service Highlights

Academic and career attainment

In academic and career attainment, young people can acquire fundamental Academic and vocational training for a career and lifelong interests.

Programs include:

- Free tutorial support and academic guidance
(sponsored by Modern Education)
- Study group
- Scholarship
- Recognition ceremony and on-going assessment



Aspiration accomplishment

In Aspiration accomplishment, they can develop the confidence and the will to Aspire to a life they cherish and appreciate.

Programs include:

- Mentorship program
- Aspiration project nomination scheme
- Overseas exchange opportunities



Service Highlights

Advarsity management

In Adversity management, the youths can develop experimental problem-solving skills and emotional quotient and spiritual intelligence to embrace Adversity, challenges and opportunities in life.

Programs include:

- Adventure-based and leadership training program
- Community participation program
- Volunteering service
- Self-enrichment guidance by social counselor



Asset building

In Asset building, youths can build up Asset through leadership training as well as learn how to serve the needy.

Programs include:

- Job shadowing/ Internships
- Personal development workshop
- Career guidance and planning workshop
- High Table Dinner
- Alumni development



Expenditure and Forecast for the Period from Sept 2016 to Aug 2018

	Sep-Dec/16 Actual	Jan-Aug/17 Forecast	2017-2018 Forecast
Self-enrichment Guidance and Mentorship Program, Alumni Development	\$146,139	\$329,125	\$475,264
Leadership Training and Workshops	\$19,652	\$84,748	\$104,400
Job Shadowing, Overseas Trip and Community Service	\$0	\$84,750	\$84,750
Scholarship and Tutorial Study	\$2,310	\$18,540	\$22,850
Aspiration Nomination Scheme	\$2,280	\$37,720	\$40,000
Marketing and Administrative Support	\$20,000	\$43,000	\$63,000
Total:	\$190,381	\$597,883	\$790,264

Special event

High Table Dinner (HKU) 23 April 2016

This was the traditional program in A-Life Academy. This year, we honored to cooperate with “The Lady Ho Tung Hall Students Association” (HKU). We also honored to invite Mr. Keyman Ma, Football Commentators to be our guest speaker to encourage and inspire the young people through his experience sharing. His speech gave the students an insight into the aspiration building.



Oversea Work Trip (Pacific Cebu Resort) 1-5 Aug 2016

This year, we honored to cooperate with sáv Hospitality and 24 students got a chance to experience a wonderful journey in Cebu during summer. Pacific Cebu Resort was the host organization and not only offered the students work experience, but also arranged the accommodation, sightseeing, etc. to them. It should be an incredible way for students to understand their career aptitude and build up work habit.



A-Stories: Student's sharing

Zhang Jiahang (Age 20)

Graduate student – Studying in Business Administration (The Chinese University of Hong Kong)

My self-confidence has been greatly improved and my horizon and perspective has been widened after joining A-Life Academy. There were many impressive events that I had joined, such as High Table Dinner and Oversea service trip, etc. I met the mentors, social workers and different mentees in the past two years and made friends with them, it should help me to enlarge my social network. Besides, my academic performance had been improved obviously after joining the tutorial class and study group. In conclusion, I am delighted to join the A-Life Academy.

Lam Mei Shan (Age 16)

5th term year student - S.5 (S.K.H. Tsoi Kung Po Secondary School)

A-Life Academy not only can help me to explore my interest and future goals, but also help me to build up my confidence. I met many new friends here and understood the importance of team work. I joined High Table Dinner and got an opportunity to exchange with the university students. I determined to put much effort to improve myself and hope to enter to university in the future.

Support A-Life Academy! We are now looking for your generous support for A-Life Academy!

🔗Support our Bi-Annual Fundraising Concert

The running of A-Life Academy is completely independent from YMCA of Hong Kong and solely relies on the support of enthusiastic donors. This classical concert is organized to a high standard by SAR Philharmonics which is guaranteed to be a memorable experience for your clients or employees. All tickets sale will contribute to the running of A-Life Academy and students' scholarships. Your Company will be recognized in number of ways in our marketing package.

🔗To volunteer as Mentors

The overall goal of the mentor program is to help and motivate the mentees to finish the Hong Kong Diploma of Secondary Education (HKDSE), to look beyond themselves and to understand their career aptitude and good work habits.

🔗Provide summer Job-shadowing placement 5 – 10 days in summer (July to August)

The program aims at helping the students to understand their career aptitude and build up work habit.

A-Life Academy Founding Committee

Chairman: Mr. Brandon Chau

Vice-Chairman: Mr. Jacky Chan, Mr. Peter Lam

Members: Mrs. Jenny Chau, Mr. Edmund Cheng, Mr. Kai Man Fok, Ms. Michelle Liu, Mrs. Jacqueline Sun, Mrs. Sandee Sun, Mr. Evans Fung, Mr. C.M. Mak, Ms. Stella Wong